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Patient Considerations

Subjects recruited 62

Dropouts -12

Subjects on placebo -25

Subjects on active medicine - 25

Duration of the project January -August 2003

Time points : Visit 1 (initial) Visit 2 (after 1 month) Visit 3 (after 2 months)

Selection criteria

Obese patients, BMI > 26, adult, no pre-existing medication, both genders, normal health, normal lifestyle, no dietary restrictions.

Exclusion criteria

Type 1 diabetes, essential hypertension, Type 2 diabetics on Metformin, endocrine dysfunction, arrhythmia, cardiac disorders, alcohol dependence or drug dependence.